

Breakfast: FREE to ALL Students
 Lunch: FREE to ALL Students
 Milk only/extra: \$0.60

Hampton Elementary School
Breakfast & Lunch Menu
October 2024

Fresh Fruits, Veggies
 & Milk Served Daily!

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Uncrustable Fun Lunch</i> <i>Homemade Grilled Cheese</i>	^{10/7} Chicken Patty on Whole Grain Bun Corn	^{10/8} Taco Rice Bowl Taco meat, black beans, cheese corn, and salsa over rice Cheesy Refried Beans	^{10/9} Chicken Tenders & Waffles Cinnamon Sweet Potato Fries	^{10/10} Chicken Pesto Pasta Garlic Bread Stick Broccoli	^{10/11} NO SCHOOL Professional Development
<i>Uncrustable Fun Lunch</i> <i>Turkey & Cheese Flatbread Dipper</i>	^{10/14} No School Indigenous Peoples' Day	^{10/15} Make your own Pizza Fun Lunchable Sweet Potato Fries	^{10/16} Sausage, Egg & Cheese on English Muffin Hash Browns	^{10/17} Drummies & Cornbread Baby Carrots & Celery Sticks	^{10/18} Pizza Day! Garden Salad
<i>Uncrustable Fun Lunch</i> <i>Hamburger</i>	^{10/21} Bosco Sticks w/Marinara Sauce Steamed Carrots	^{10/22} Totally Taco Snacks w/Salsa Tex Mex Black Beans	^{10/23} Brunch For Lunch French Toast Sticks Sausage Hash Brown	^{10/24} Chicken Fried Rice & Chicken Egg Roll Broccoli	^{10/25} Pizza Day! Cucumber Wheels
<i>Uncrustable Fun Lunch</i> <i>Sloppy Joe</i>	^{10/28} Toasty Ham & Cheese Croissant Cucumber Wheels	^{10/29} Chicken & Cheese Nachos w/ salsa & sour cream Refried Beans	^{10/30} Chicken Tenders & Waffles Cinnamon Sweet Potato Fries	^{10/31} Meatloaf w/Gravy Biscuit Mashed Potatoes	^{11/1} Pizza Day! Garden Salad

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Served Daily with all Breakfasts!

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10/7 WG Campfire S'mores Bar & Cheese Stick Alt: WG Cereal	10/8 WG Cinnamon Crumb Cake Alt: WG Cereal	10/9 WG Pumpkin Bread Alt: WG Cereal	10/10 Egg & Cheese on a WG English Muffin Alt: WG Cereal	10/11 NO SCHOOL
10/14 NO SCHOOL	10/15 WG Cinnamon Roll Alt: WG Cereal	10/16 WG Rainbow Bagel w/ Cream Cheese Alt: WG Cereal	10/17 Cheesy Sausage & Cheddar Biscuit Alt: WG Cereal	10/18 WG Chocolate Chip Muffin w/ Cheese stick Alt: WG Cereal
10/21 WG Campfire S'mores Bar & Cheese Stick Alt: WG Cereal	10/22 WG Cinnamon Crumb Cake Alt: WG Cereal	10/23 WG Pumpkin Bread Alt: WG Cereal	10/24 Egg & Cheese on a WG English Muffin Alt: WG Cereal	10/25 Yogurt Breakfast Alt: WG Cereal
10/28 WG Cinnamon Roll Alt: WG Cereal	10/29 Apple Pie Overnight Oats Alt: WG Cereal	10/30 WG Rainbow Bagel w/ Cream Cheese Alt: WG Cereal	10/31 Cheesy Sausage & Cheddar Biscuit Alt: WG Cereal	11/1 WG Chocolate Chip Muffin w/ Cheese stick Alt: WG Cereal