

Breakfast: FREE to ALL Students  
 Lunch: FREE to ALL Students  
 Milk only/extra: \$0.60

**Hampton Elementary School**  
 Breakfast & Lunch Menu  
**SEPTEMBER 2024**

Fresh Fruits, Veggies  
 & Milk Served Daily!

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Uncrustable Fun Lunch</i>  <i>Turkey &amp; Cheese Flatbread Dipper</i>	9/2  <b>LABOR DAY! NO SCHOOL!</b>	9/3  <b>Make your own Pizza Fun Lunchable</b>  Sweet Potato Fries	9/4  <b>Sausage, Egg &amp; Cheese on English Muffin</b>  Hash Browns	9/5  <b>Drummies &amp; Cornbread</b>  Baby Carrots & Celery Sticks	9/6  <b>Pizza Day!</b>  Garden Salad
<i>Uncrustable Fun Lunch</i>  <i>Hamburger</i>	9/9  <b>Bosco Sticks w/Marinara Sauce</b>  Steamed Carrots	9/10  <b>Totally Taco Snacks w/Salsa</b>  Tex Mex Black Beans	9/11  <b>Brunch For Lunch</b> French Toast Sticks Sausage  Hash Brown	9/12  <b>Chicken Fried Rice &amp; Chicken Egg Roll</b>  Broccoli	9/13  <b>Pizza Day!</b>  Cucumber Wheels
<i>Uncrustable Fun Lunch</i>  <i>Sloppy Joe</i>	9/16  <b>Toasty Ham &amp; Cheese Croissant</b>  Summer Squash	9/17  <b>Chicken &amp; Cheese Nachos w/ salsa &amp; sour cream</b> Refried Beans	9/18  <b>Chicken Tenders &amp; Waffles</b> Cinnamon Sweet Potato Fries	9/19  <b>Meatloaf w/Gravy Biscuit</b>  Mashed Potatoes	9/20  <b>EARLY RELEASE! Pizza Day!</b>  Garden Salad
<i>Uncrustable Fun Lunch</i>  <i>Chef Salad w/Biscuit</i>	9/23  <b>Mini Cheese Pierogies</b>  Broccoli	9/24  <b>Beef &amp; Cheese Walking Taco</b>  Tex Mex Black Bean	9/25  <b>Sausage, Egg &amp; Cheese on English Muffin</b>  Hash Browns	9/26  <b>Melty Chicken &amp; Cheese Ranch Wrap</b> Steamed Carrots	9/27  <b>Pizza Day!</b>  Cucumber Wheels
<i>Uncrustable Fun Lunch</i>  <i>Riblet Sandwich</i>	9/30  <b>Mini Corn Dogs</b>  Carrots	10/1  <b>Chicken Empanada w/ salsa &amp; sour cream</b>  Corn	10/2  <b>Brunch For Lunch</b> French Toast Sticks Sausage  Hash Brown	10/3  <b>Chicken Parm Sandwich</b> Breaded Chicken topped with mozzarella cheese & marinara Green Beans	10/4  <b>Pizza Day!</b>  Garden Salad

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Fresh Fruits & Milk  
 Served Daily with all Breakfasts!

<p>9/2  <b>LABOR DAY!</b>  <b>NO SCHOOL!</b></p>	<p>9/3          WG Rainbow Bagel w/          Cream Cheese          Alt: WG Cereal</p>	<p>9/4          Apple Pie Overnight          Oats          Alt: WG Cereal</p>	<p>9/5          Cheesy Sausage &amp;          Cheddar Biscuit           Alt: WG Cereal</p>	<p>9/6          WG Chocolate Chip          Muffin w/ Cheese stick          Alt: WG Cereal</p>
<p>9/9          WG Campfire S'mores          Bar &amp; Cheese Stick          Alt: WG Cereal</p>	<p>9/10          WG Cinnamon Crumb          Cake          Alt: WG Cereal</p>	<p>9/11          WG Pumpkin Bread           Alt: WG Cereal</p>	<p>9/12          Egg &amp; Cheese on a WG          English Muffin          Alt: WG Cereal</p>	<p>9/13          Yogurt Breakfast           Alt: WG Cereal</p>
<p>9/16          WG Cinnamon Roll           Alt: WG Cereal</p>	<p>9/17          Apple Pie Overnight          Oats          Alt: WG Cereal</p>	<p>9/18          WG Rainbow Bagel w/          Cream Cheese          Alt: WG Cereal</p>	<p>9/19          Cheesy Sausage &amp;          Cheddar Biscuit           Alt: WG Cereal</p>	<p>9/20          WG Chocolate Chip          Muffin w/ Cheese stick          Alt: WG Cereal</p>
<p>9/23          WG Campfire S'mores          Bar &amp; Cheese Stick          Alt: WG Cereal</p>	<p>9/24          WG Cinnamon Crumb          Cake          Alt: WG Cereal</p>	<p>9/25          WG Pumpkin Bread           Alt: WG Cereal</p>	<p>9/26          Egg &amp; Cheese on a WG          English Muffin          Alt: WG Cereal</p>	<p>9/27          Yogurt Breakfast           Alt: WG Cereal</p>
<p>9/30          WG Cinnamon Roll           Alt: WG Cereal</p>	<p>10/1          Apple Pie Overnight          Oats          Alt: WG Cereal</p>	<p>10/2          WG Rainbow Bagel w/          Cream Cheese          Alt: WG Cereal</p>	<p>10/3          Cheesy Sausage &amp;          Cheddar Biscuit          Alt: WG Cereal</p>	<p>10/4          WG Chocolate Chip          Muffin w/ Cheese stick          Alt: WG Cereal</p>

