

Breakfast: FREE to ALL Students
Lunch: FREE to ALL Students
 Adult Lunch: \$5.00

Hampton Elementary
Breakfast & Lunch Menu
June 2024

**Fresh Fruits, Veggies
 & Milk served daily!**

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt Fun Lunch Sunbutter & Jelly	^{6/3} Cheese Burger On a wg roll Baked Beans	^{6/4} Teriyaki Chicken Rice Green Beans	^{6/5} Meatball Grinder W / Broccoli	^{6/6} Ham and cheese sandwich Baked fries	^{6/7} Cheese Pizza Carrots
Yogurt Fun Lunch Sunbutter & Jelly	^{6/10} Grilled Cheese Tomato soup Broccoli	^{6/11} Sausage, Egg & Cheese on English Muffin Hash Brown	^{6/12} Boneless Drummies w/ ranch corn	^{6/13} Last Day of School Cheese Pizza Carrots	



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Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combating hunger.

ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.

Each breakfast is served with fruit and milk.

6/3 Whole Grain Bagel w/Cream Cheese & Cheese Stick	6/4 Oats & Honey Granola Bar & Cheese Stick	6/5 Whole Grain Pumpkin Bread	6/6 Cereal & cheese stick	6/7 Chocolate Chip Muffin
6/10 Whole Grain Bagel w/Cream Cheese & Cheese Stick	6/11 Oats & Honey Granola Bar & Cheese Stick	6/12 Whole Grain Pumpkin Bread	6/13 Chocolate chip Muffin	

